



## Eastern Regional Wellness Coalition

### Guidelines for Discretionary Funding

- This is a **reimbursement fund**.
- To apply for discretionary funding Coalition group members will complete a one page application form. Your group will be notified whether or not funding is approved. Once your event is completed submit receipts for reimbursement.
- Requests may **not exceed** \$100.00.
- Groups can apply **once** a calendar year.
- Upon receiving your receipts, reimbursement take approximately up to 4 to 6 weeks.
- Funds may not be requested to supplement monies received from projects from the Eastern Regional Wellness Coalition Community Grants Program or the Active Living Fund NL.
- Requests to be considered should focus upon one or more of the ***wellness priority areas***:
  - healthy eating
  - physical activity
  - tobacco and vape free living
  - healthy environments
  - mental health promotion
  - injury prevention
  - child and youth development
  - sexual health and well being

Examples include, but are **not limited** to:

- healthy snacks and water, white milk and fortified plant based beverages for community walks or fun days
- garbage bags for a community clean-up
- postage needed to advertise an event
- processing expenses for picture taking during a wellness event



Date Approved: \_\_\_\_\_

Approved By: \_\_\_\_\_

**Eastern Regional Wellness Coalition  
Discretionary Funding**

Name of Coalition Group: \_\_\_\_\_

Contact Person: \_\_\_\_\_

(If this person will not be the lead person for your project, please indicate who will be leading the project and the name to appear on the cheque)

Alternate Contact Person: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

What is the amount of funding your group is requesting for reimbursement (maximum up to \$100)? \_\_\_\_\_

What is the project/event your group is planning to do?

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What will this funding cover?

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**Send completed application via:  
Online: [www.easternregionalwellnesscoalition.com](http://www.easternregionalwellnesscoalition.com)**

**Fax: 709-229-1591**

**Or Mail to:  
Eastern Regional Wellness Coalition  
Health Promotion Division  
P.O. Box 70  
Holyrood, NL A0A 2R0**